



ROCK ON.



February 2020

For a full schedule of events, workshops and classes, visit www.rockfishcc.org

From Executive Director Stu Mills

“Brevity is a great charm of eloquence,” Cicero told us.

“Be *really* charming this month,” Sara told me.

She wasn’t kidding – look how much space she gave me! Okay – I can be brief:

- Party for the decades on Saturday the 29th!! Don’t dare miss it – see page 3!
- Watch for the launch of our “Legacy Legends” endowment fund at month’s end!
- We’ve wrapped up fundraising for the Recycling & Fountains Project! Thanks!
- Taj Mahal Kitchen is open and the reviews are raves - You gotta check it out!
- 2020 Annual Fund campaign is going great – have you renewed? (see below)
- Watch for our new project launch “*Re-do the Loo & the Studio, Too*” this spring!
- Community Needs Survey is under development – watch your inboxes in March!

Thanks to you for all you do – to put it eloquently!



Would you like to make new friends, connect to your community, and boost your mood all at once?

Volunteer!

RVCC always needs help with the following projects:

- ◆ Pancake Breakfast
- ◆ Treasure Chest Thrift Store
- ◆ Building & Grounds
- ◆ Fundraising Events
- ◆ ...and more!

Contact us if you'd like to get involved!



Vision 20/20: A Clear Focus for our 3rd Decade

2020 will be a momentous year for the Rock.

On March 1, RVCC will celebrate its 20th Anniversary, commemorating two decades of a journey that started with a handful of dreamers determined to build community in a 60-year old abandoned school building. For many of those early years, the journey was focused simply on survival – just keeping the doors open and the lights on. More recently, the hard work of the Board, the staff and our incredible volunteers has allowed us to focus on sustainability – building the organizational foundation, the community support and the financial capacity to ensure that community will always have a place to happen in the Rockfish Valley.

Hindsight is always 20/20, and we’re very clear-sighted about where we’ve been. Once again in 2019, we rocked our mission with a dizzying number of events and projects. But it’s critical that our *foresight* is 20/20 as well, so now, in preparation for our third decade, we are launching a new plan to build on our successes and to sharpen our focus on the future. Very soon we’ll be reaching out to survey all groups in our community to find out what they envision our role to be, and what they will support with their time and treasure, for the next ten years and beyond.

We’ve never needed your vision, your input and your investment in community more than now, as we seek to secure the future of the Rock and prepare to pass the torch to a new generation of leadership. We hope we can count on you to join, renew or upgrade your membership for 2020. You can read all about the membership levels, benefits and special giveaways below, and renewing is just a click away:

[Yes! I want to share the vision!](#)

With you on board, 2020 will be another amazing year, with new programs, new partnerships, new personnel and new parties (save the date on February 29th for our 20th Anniversary Celebration) to launch our third decade!

We look forward to sharing the vision with you!

Tuesday, February 4: “About Sake” Workshop



5pm, in Rockfish University.

Rockfish University presents a workshop on the magical beverage called sake. Learn about the history, tradition, and taste of this ancient beverage.

Brought to RVCC by the North American Sake Brewery. More info: www.pourmeone.com.

\$10/person, pre-registration required due to limited seating. Must be 21 or over to attend. To register, click the link below or contact Cliff Love at clifflove@gmail.com.

[Click Here to sign up for About Sake!](#)



Beginning February 11: Rockfish University Presents a Six-Week Financial Course

Tuesdays or Saturdays in Rockfish University. **Free Six-Session Course** facilitated by David J. Cunningham, ChFC & CEO of Sherpa Financial Guides, Inc. since 1980.

Each class in this six-week course will be presented twice, so you may choose which session best suits your schedule. Classes will be held on Tuesday evenings, 5:30—7:00pm, and on Saturday mornings, 8:30—9:45am.

Tues. 2/11 & Sat. 2/15: Budgeting: It can be fun! Moving toward purposeful spending & three types of Budgets. Using Quicken software.

Sat. 2/22 & Tues. 2/25: Savings How to get there, how much, sinking funds heading toward investing. Using a “bucketing” approach, reducing your life long taxes.

Sat. 2/29 & Tues. 3/3: Investing: Via the purpose and appropriate risk you want, love and can stay with. Market downturns – how to get through with assets intact. Basics of valuations. Broad History of returns. Setting up a portfolio income – the choices & methods.

Tues. 3/10 and Sat. 3/14: Investing with a purpose and a technology you can handle: Types of businesses to assist from self-directed to day trading to fiduciary managers. Pluses and minuses.

Sat. 3/21 & Tues. 3/24: Starting to synchronize your finances. Five areas of broad concern. Pre-emption of major mistakes while they are small.

Sat. 3/28 & Tues. 3/21: Laying out a personal story line of your financial future – With “To-Do’ s” & “for Who”- in the next 6 months, one year, five and ten years and beyond. Getting beyond personal fulfillment to community and legacy thoughts and deeds.

See website: sherpafinancialguides.com. Call for more info and to sign up for the course: 434.882.1011.

RVCC House Concerts

RVCC House Concerts—In the Rockfish Lounge

Each show starts at 7:30pm. Cover: \$7 members, \$9 non-members.



Friday, February 21: Boxed Lunch

Boxed Lunch is a Charlottesville VA based indie pop/rock band led by the melodic songwriting duo of Justin Storer (drums/vocals) and Joel Streeter (guitar/vocals), with help from Nick Berkin (keyboards/vocals), Emily Gardiner (vocals) and Zack Beamer (bass/vocals). Catchy tunes and robust harmonies.



Friday, March 20: Dusty Hedgehog

Dusty Hedgehog is a traditional Irish music trio based in Charlottesville, VA. They play lively reels and jigs as well as slower soulful tunes.



Friday, April 24: Ryan Dunne—the Irish Songbird

Ryan Dunne—the Irish Songbird—performs Scottish songs and poetry inspired by Robert Burns with tidbits of Scottish history and a puppet show for good measure!

Saturday, February 29: RVCC's 20th Anniversary Party

RVCC CELEBRATES 20 YEARS OF COMMUNITY

(And Our Last Mortgage Payment!)

Mark your calendars and join us on Leap Day—Saturday, February 29—as we leap into our third decade!

5:00—9:00pm

“Bring Your Best Dish” pot luck dinner

Music by the Eric Knutson Band

Kids’ activities

...and a bonfire for burning our mortgage!

We’ve come a long, long way in 20 years, and we can’t wait to celebrate with you!

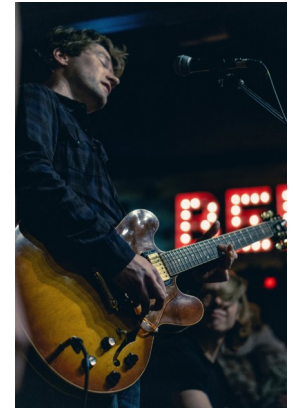
Sponsored by:

Devils Backbone Brewing Company

Wild Wolf Brewing Company

Bold Rock Hard Cider

Mountain Area Realty



Saturday, March 7: Pancake Breakfast

Join us for our community Pancake Breakfast—buttermilk pancakes, *real* blueberry pancakes, bacon, sausage, grits, scrambled eggs, OJ, TBC coffee, and good company.

Breakfast is served from 8:30am-10:30am. It’s an all-you-can-eat breakfast starting at \$7 for RVCC members, and \$9 for non-members. Members can bring a friend and get the member price for their guest!

The Pancake Breakfast is a wonderful community event, made even more wonderful by the fact that it is run entirely by volunteers. **If you can help, please contact us at rockfishcc@gmail.com!**



Continuing Saturday, March 7: 13th Annual Winter Market Season

The 13th Annual Winter Market season continues in March! Indoor Community Markets feature local produce, meats, cheeses, jams, baked goods, plants, greenery, art and crafts.

Each market also coincides with RVCC's Pancake Breakfast and the Treasure Chest Boutique Bag Day.



Market Schedule

March 7—with Sue Harlow

April 4—with Gene Temple

All Markets are 9am—Noon.

For more info, contact Donna Kincaid at mountainvision@earthlink.net.



Community Events at RVCC

Saturday, February 15: Astrology Workshop: 2020—The Year For Focus, Faith, & Purposeful Action



2:00—5:00pm, in Rockfish University. Presented by Cheryl Hopkins. Do you feel ready to be more aligned with who you really are? Are you ready to live a greater sense of purpose? In a time of very apparent shift and the beginning of a new decade 2020 is a significant player in the evolution of personal expansion. This year the planetary focus dials down the transformation of structure and form the Capricorn moment has been about, to make way for the Sagittarius/Gemini axis and the spotlight on Jupiter and Saturn. It emphasizes communication, knowledge and the beliefs at the root of what we create. Attention is directed to what you know, believe and recognize about the two. Most importantly we begin the shift into air element dominance that supports the accessing of higher levels of consciousness. It will define the next 200 years. In this experiential workshop you'll play, explore and engage the astrology of 2020 and channeled guidance to support your stepping into intentional, purposeful action. Bring your chart or email the date/place/time of your birth to receive a chart from Cheryl. **Fee: \$30 by February 10 \$35 after.**

RSVP or more info: anempoweringastrology@gmail.com or 804-306-9055.

Beginning February 20: 6 Week Introductory Iyengar Yoga Course with Sara Agelasto



In the RVCC Yoga Studio. Day/Time: Thursdays: 10 - 11:15am. **Next session:** February 20—March 26. **Cost:** \$90 for 6 week session. Learn to practice Iyengar Yoga in a beginning class with a focus on technique, alignment and breath. We will begin with standing & seated poses and build on what we learn to incorporate introductory forward bends, backbends and inversions. After the 6 weeks course, you will have built the foundation to practice yoga on your own and continue with ongoing yoga classes. **Space is Limited. Pre-Registration is Required. Please contact Sara Agelasto for More Information and to Register - sara@iHanuman.com or 434-825-5983.**

Beginning February 21: 6 Week Continuing Iyengar Yoga Course

In the RVCC Yoga Studio. Day/Time: Fridays: 10 - 11:15am. **Next session:** February 21 - March 27. **Cost:** \$90 for 6 week session. Continue your practice of Iyengar Yoga. Continuing classes are for students who have completed the 6 week Introduction to Iyengar Yoga or it's equivalent. This class is also ideal for those with previous yoga experience who are new to Iyengar Yoga. **Space is Limited. Pre-Registration is Required. Drops-Ins welcome with Instructor Permission. Please contact Sara Agelasto for More Information and to Register - sara@iHanuman.com or 434-825-5983.**

Sara Agelasto is a Certified Iyengar Yoga Teacher, Certified Yoga Therapist and Clinical Herbalist with over 15 years of experience. Sara creates a safe and inviting environment for students of all levels to increase their strength, flexibility and serenity.

Sunday, March 15: Nelson County Community Orchestra Concert



4:00pm, in the RVCC Auditorium.

No admission fee—Donations always welcome!

More info: <http://www.nelsoncco.org/>

Beginning Sunday, March 22: Basic Dog Training Classes



Group Training Classes: Basic Command and Communication. 6-Week Session, Sundays at 4:30pm, in the RVCC Auditorium. Camp Merricks is offering a six-week basic training class for owners and their dogs. This class is designed to teach you how to better communicate with your dog, understand why they behave the way they do and teach basic skills and manners. At the end of the class you should have tools to improve your dog's behavior and your relationship. **Class cost: \$90 per student, prepaid, nonrefundable. Required: Vaccination records including current DHLPP, rabies, and bordatella. For more information, and to sign up go to: www.campmerricks.com/training.**

Ongoing: New Beginning T'ai Chi class at RVCC

12 week sessions, Tuesdays at 9 am, in the Core Fitness Synergy Room. Please contact the instructors if you are interested in participating in the next session. Teachers: Lee Felton and Charlotte Zinsser Booth.

T'ai Chi Chuan is an ancient exercise which embodies China's most profound concepts and principles of health and movement. It offers true harmony between body and mind. Practiced daily, it can help: Reduce stress and anxiety—Increase flexibility, muscle strength and energy levels—Improve balance and ease of movement—Enhance immune system and cardiovascular functions—Reduce arthritis and back pain—and Contribute to a general feeling of wellbeing.

Presented by Blue Ridge T'ai Chi. To get more info or to sign up for the next series, contact blueridgetaichi@gmail.com, or 434-825-0298.

Ongoing Events & Classes

Sundays through mid-May: A Walk Through Western Civilization

Sundays at 2:00pm, in Rockfish University. The 5th semester of the Rockfish University Adult Education Western Civilization class begins on Sunday, January 12. The projected end of semester will be May 3. Classes are held once weekly for about 90 minutes. There is no cost for attendance. All former life long learners are welcome back, and members of RVCC and the surrounding community who have not joined us before are welcome to join, so long as space is available in the classroom. The topics for the new semester include: the fall of the Roman Empire, the Middle Ages, the rise of the Catholic Church, and the advent of the Renaissance. **Anyone wishing additional information may contact the instructor, Dr. Jeffrey Mitchiner, at his email: C3J1M41@yahoo.com.**

Instructors Wanted!

Rockfish University, located in Room #5 at RVCC, is seeking instructors interested in making presentations as part of a series of short adult education courses to be offered to RVCC members beginning this fall. If you have experience or interest in a particular field of study that you think would be of interest to adult learners, we would like to hear from you. Please contact Cliff Love at CliffLove@gmail.com or Glenn Picou at gcpicou@gmail.com.

Ongoing: Tuesday Ping Pong

7:30pm, in the Auditorium. Two tables, all levels welcome. Contact David Cunningham for more information: 434-882-1011 or davo@ntelos.net.

German New Medicine Study Group

Mondays, 5:30-7:00pm, in Room 3 (New Health Consultant). This weekly Study Group focuses on the medical discoveries of [Dr. med. Ryke Geerd Hamer](#), *the new paradigm of health and healing*. Each week we will explore the fundamental principles of the New Medicine and how we can immediately apply the principles in our daily lives. The study group is hosted by Dr. Chris Lowthert, [a ten year teacher of German New Medicine](#). There will be a short meditation prior to the start of the GNM Study Group. Donations are greatly appreciated at the conclusion of the Study Group. **For more information, please visit LearningGNM.com or call Dr. Chris at 540-255-0026.**

Tarot for Life

Tarot is a tool for problem solving and self discovery. The Tarot Lady has 25 years experience as a professional provider in the field of psychology, and has consulted tarot to problem solve and to aid in self discovery for more than 2 decades. **Email tarotforlife@yahoo.com to schedule a session at RVCC.**

Available at Rockfish University: The Great Courses

The Great Courses (TGC) is a series of college-level audio and video courses produced and distributed by The Teaching Company. These Great Course offerings are available to RVCC members at no charge; simply contact us at 434-361-0100 or email rockfishcc@gmail.com to peruse the collection and check out the courses of your choice. You may also review the available courses by [visiting the Classes section on our website](#).

Ongoing Yoga Classes & Updates

Yoga w/Sandra Pleasants, Certified Iyengar Teacher (CIYT), and Certified Yoga Therapist (C-IAYT)

Mondays, 9:15—10:45am: (all levels), \$15/class; Mondays 6—7:30pm: Advanced Iyengar, \$15/class; Tuesdays, 10—11:15am: Gentle Iyengar, \$12/class. Contact Sandra at 434-361-2262 or sandra.pleasants@gmail.com to register.



Integrative Yoga w/ Agnes F. Schrider, physical therapist and certified yoga instructor.

Mondays, 8:00am—9:00am and Wednesdays, 8:00—9:30am. Agnes integrates her training in physical therapy and anatomy, mindfulness and wellness for a safe and fun class. All level students are welcome. Private Yoga individual and group sessions also available, by appointment. Contact Agnes: agnesyhwh@gmail.com. For more info, visit www.agsyogaworks.com.

Yin Yoga with Rebecca L'Abbe. Mondays 11:15 AM-12:30 PM. \$72/6 classes or \$14/drop in. First class free for new students. Partial scholarships also available through instructor. Yin Yoga: Suitable for all levels of students, this practice is a true mind-body meditation. It's slow-paced and designed to help you sit longer, and more comfortably, by stretching connective tissue around the joints (knees, pelvis, sacrum and spine). Contact Rebecca L'Abbe at rebecca.labbe@gmail.com or 434 466-2696. **For more information about Yin Yoga and Rebecca L'Abbe, visit the Yoga Studio page at rockfishcc.org.**

Wednesdays, 6:00pm: Multi-level w/Martina Compton. Contact martinac1959@gmail.com to register.

Thursdays, 6:30pm: Men's Yoga w/Brian Webb. 434-361-9218 or brianpwebb@me.com to register.

Private Yoga Sessions: Have you wanted to try yoga but do not know where to begin? Can't find a yoga class that fits in with your busy schedule? Try a personalized Yoga and Wellness Class with Certified Iyengar Yoga instructor Sara Agelasto. For more info, please contact sara@iHanuman.com or 434-825-5983. **See also: Sara Agelasto's Intro to Iyengar Yoga Series—more info on page 4.**



SALE
Now On

The Treasure Chest Thrift Store

ALL MONTH LONG:

50% OFF!

Everything from the
Kitchenwares Section!



SPECIAL SALE:

50% OFF

All Valentines Decor for the Week After V-day!

Do You Recognize This Shirt?



"I recently purchased this shirt for my father-in-law. He flew jets for the Navy and loves to wear unique items so knew this was right for him. I gave it to him and he immediately was asking questions. "Did you see it's from Honolulu?", he asked, and also noticed the soft rudders on the tail. He was based in Honolulu for a time and knows his jets! He sent pictures to old friends in hopes that they might know something about the maker or plane. It allowed him to go down memory lane for a bit and tell me stories about his time in the Navy and the family that he loves so much.

I know that donations to the thrift store are anonymous, from my time volunteering there when I first moved to the area. I also know there are people in this areas with incredible stories to tell about their lives and would love to know if the prior owner of this shirt would be willing to share theirs. I bought four shirts in L and XL that day. They were all very graphic. One has guitars all over it (perfect for my step son) and the other two were Hawaiian prints for my hubby.



If you or someone you know donated these shirts, I'd love to hear your story. Please contact me at Tracysteens@gmail.com.

Have you found something at the Treasure Chest Thrift Store that started an unexpected conversation, or took you on a trip down memory lane, or led to a community connection of some kind? If so, we want to hear your story! Send your "Thrift Story" and a description of the item you purchased to rvccthriftstore@gmail.com!

Treasure Chest Hours

Tues.—Fri.: 10am—4pm

Saturdays: 9am—3pm

Call 434-361-0103

☆ **RVCC members get 10% OFF! Every purchase, every day!**

☆ **Donations Accepted During Business Hours!**

☆ **Every day is \$10 Bag Day!**

Are Chico's and Ann Taylor too far of a drive away? Have you been looking for a piece of jewelry to go with an outfit but don't feel like paying full price just to wear it for a day? Do you need a Dining Room Table and just can't find anything nice at a reasonable price? Look no further! Check in the Treasure Chest! We have a wide selection of gently used (if used at all) clothing, furniture, kitchen wares and items from a wonderful community that loves their community center and local thrift shop. Feel good about your purchases—all sales directly benefit Rockfish Valley Community Center!

Employment Opportunities

Community Engagement & Event Coordinator

Work with fun people at Nelson's favorite non-profit and help create an even better community! Rockfish Valley Community Center is seeking a Community Engagement and Event Coordinator. This is a part-time sales and event planning role including a base salary with substantial additional commission potential for the right, self-motivated person. You must be energetic, outgoing, and highly organized. Set your own schedule—some work can even be done from home! This position is responsible for outreach to local minority communities, booking short-term rentals of the Center's indoor and outdoor facilities, coordinating all RVCC events and liaison with outside event planners. **Position details at <https://www.rockfishcc.org/employment-opportunity/>. Cover letter and resume to Stuart Mills, Exec. Dir., P.O. Box 106, Nellysford, VA 22958, or to g.stuart.mills@gmail.com. Application deadline extended to 2/7/2020!**



Etsy Shop Marketing

Malik Ahmed (of Taj Mahal Kitchen) is looking for someone who has extensive experience with the Etsy platform and Etsy marketing. Applicant must have a high attention to detail and knowledge on how to search for specific products / listings and apply to the shop. Seeking someone to help take a retail store to the next level and update and research keywords, tags, descriptions, titles, SEOs and more. Applicants should contact Malik Ahmed at 202-867-2854 or malik1017@gmail.com.

Core Fitness Synergy Studio Core Fitness Synergy offers: Personal & small group training—Core group fitness classes—Core Fusion (power pilates, core conditioning, strength & yoga)—Semi & small group training—Sport-specific training—Flexibility, balance & stretch training—Injury prevention mechanics training—Private & semi private Yoga, Pilates & core training—And “E” Training. Contact Kelly at whalenkm@vcu.edu or 804-814-9794 for more class info and registration. For more info about Core Fitness Synergy, visit corefitsynergy.com.

Full Circle Salon Tammy Huffman, Stylist. Color, cut, styling, & facial waxing. By appt: contact Tammy (434) 529-7180.

Lowthert Chiropractic - Christopher Lowthert, D.C. Dr. Chris has been a chiropractor for over 15 years. He specializes in myofascial release and diversified chiropractic techniques framed within the German New Medicine paradigm of health and healing. New Business Hours for 2020: Mon, Weds: Closed. Tues, Thurs: 9:00am—3:00pm & 5:00pm to 7:00pm. Fri, Sat: 9:00am to 12:00pm. Sun - Closed. Call for an appointment: (540) 255-0026 or www.LowthertChiropractic.com.

Odeene LLC Artisan Soaps Happy February! Treat Yourself or Someone SPECIAL to the AMAZING PURE PLANT-BASED Liquid Castile Soaps and Bar Soaps. Locally made here right in Afton, Va using only VEGAN, Cruelty-Free, and Ethically sourced ingredients. All First Responders receive 10% off of their ENTIRE purchase. Be sure to bring your clean, dry, and empty container for our Liquid Refill Station for all of your soaping necessitates. If you do not have a container, no worries! You can either purchase a glass reusable container from us or pick up one of our Community Donated containers free of charge. By keeping another container out of the landfill you have contributed to zero-waste! You can find us at: <http://odeene.org>, Facebook @ Odeenesoaps, and Instagram@ Odeenesoaps.

The Rockfish River Gallery of Fine Art & Exquisite Crafts The gallery offers a wide selection of artwork, crafts, jewelry, soaps, textiles, sculpture, books, music, cards, pottery and much, much more. Need a moment to gather your thoughts? Come sit for a bit in the Gallery’s Quiet Room, and explore books, music, and artwork by local artists. The Gallery and the Quiet Room are open Tuesday through Saturday, 10 am — 4:00 pm. www.rockfishrivergallery.com, or call 434-294-4668.

The Rockfish Artist Collective A pottery studio equipped for wheel throwing and hand-building, located in the Concession Stand behind RVCC. The collective shares equipment, tools, and expertise among members. If you have unused pottery supplies cluttering your barn, or if you're interested in sharing space for pottery or for other visual arts, please email elise.lauterbach@gmail.com to join our mailing list.

Susan Gorman—Custom Glowforge Projects Cut and etch a number of materials such as glass, paper, leather, acrylic, wood, slate and more! More info: www.glowforge.com. Email questions to susancpv1@mac.com or stop by Room 8!

Taj Mahal Kitchen A Taste of India—To Go! Take-Out Lunch available Mondays through Thursdays, 11:00am—2:00pm, Fridays 10:30am—12:30pm. Follow on Facebook: <https://www.facebook.com/tajmahalkitchenafton>.

Therapeutic Massage by Alyssa Kartheiser, LMT, MMP By appointment in Room 3, New Health Consultant Studio. Licensed massage therapist in the state of Virginia and Board Certified by the NCBTMB, specializing in Swedish Massage, deep tissue techniques, craniosacral therapy, and aquatic bodywork. By appt: 540-836-9288 or lyssaat@hotmail.com.

Trager Brothers Coffee Certified organic micro-roastery. Hours: Monday through Saturday 7:00am—6:00pm; Sundays 9:00am—4:00pm. Contact TBC at 434-263-8916 or info@tbcroasters.com.

Virginia Rock Shop Rocks, fossils, and jewelry from Virginia and worldwide. Hand cut and polished stones and handmade jewelry. Jewelry Repair, watch battery replacement. Normal hours: Tues—Sat. 10am--5pm, Sun. 12--5pm. 434-981-1897 or VaRockShop.com.

Yoga Studio RVCC’s fully-equipped Yoga Studio offers a variety of classes throughout the week, taught by qualified and knowledgeable instructors. No matter what your fitness or experience level may be, there is a class that will work for you. See the class & instructor listings on page 5 for more information. If you are interested in teaching a Yoga class, please contact the RVCC Office at 434-361-0100 or rockfishcc@gmail.com for more information.

Zero Balancing w/Elizabeth Martin Elizabeth Martin, RN, BSN, Certified Zero Balancing practitioner and Faculty member. Holistic practitioner with 30 years of varied professional nursing experience and more than 20 years experience as a Certified Zero Balancing and meditation practitioner. By appt. (434-426-4578) or ZBlizzie@gmail.com.

ARTISAN & STUDIO DIRECTORY

Susan Gorman:
[Derby Vixen](#)

Tammy Huffman:
[Full Circle Salon](#)

David Lipscomb:
[Virginia Rock Shop](#)

Kathlyn Logan
[Odeene Soaps LLC](#)

Dr. Chris Lowthert
[LowthertChiropractic.com](#)

Elizabeth Martin:
[Zero Balancing](#)

[Rockfish Valley Artist Collective](#)

[Rockfish River Gallery](#)

Sassafras Studio
Michele Reday Cook

Malik Ahmed
[Taj Mahal Kitchen](#)

Kelly Whalen
[Core Fitness Synergy](#)

[Trager Brothers Coffee](#)

Colin Winter
[Woodrow Wilson National Fellowship Foundation](#)

OUR TEAM

RVCC Board of Directors

President *Charlie Hickox* **Vice President** *Joe Centofante*
Treasurer *Scott Duncan* **Secretary** *Casey Stillman*
Directors *Bob Yoder, Gifford Childs, Mary Cunningham, Glenn Picou, John Gulino, Mike Bailey, Michael Donegan.*

RVCC Staff

Executive Director *Stu Mills*
Operations Manager & Newsletter Editor *Sara Taylor*

Treasure Chest

Manager *Catherine Dunne*
Assistant Manager *Eleanor Massie*
Retail Associates *Mary Beth Schillaci and Hannah Johnson*

Groundskeeping

Creation Appreciation **Custodian**
Lonnie Woodson

COMMITTEES

All of these Committees are entirely composed of volunteers, and we can't keep this place running without them!

Building & Grounds: From small repairs to large improvement projects, the B&G Committee literally keeps our 80-year-old building up and running!

Development: From planning fundraising events to strategic planning, DevComm keeps our organization vibrant & growing.

Music: The Music Committee plans and runs our House Concert series, and develops music programming at RVCC.

Art: The Art Committee works with local artists to schedule quarterly art exhibits and artist receptions in the Auditorium.

Public Relations: The PR Committee helps us promote events, programs, and fundraising activities to increase awareness of our organization and its mission.

Get involved, and make a huge difference without making a huge time investment! Contact us today!

CURRENT FUNDRAISING EFFORTS

“Enrichin’ the Kitchen”—DONE!

RVCC’s fundraising campaign to fully renovate the kitchen.

“Reduce the Refuse” —DONE!

Our fundraising campaign to install recycling stations for glass, plastic, and cans around the building and grounds, and install a water bottle refill station to reduce the number of plastic water bottles used at our facility.

“Support SK8 Nelson”

Our annual fundraising campaign to raise the \$4000 insurance premium required to keep Nelson’s only Skate Park on our grounds. Mark your calendars for the 2020 SK8 Nelson Festival & Skate Competitions on July 18!

<https://www.rockfishcc.org/support-sk8-nelson/>

HOW COMMUNITY HAPPENS

- ◆ Volunteer for a Pancake Breakfast, a workday or an event, or take a class—be a regular at The Rock!
- ◆ Donate to a Fundraising Campaign or Sponsor an Event—be here in spirit even when you can’t be here in person.
- ◆ Become a Member—and let your voice be heard.
- ◆ Spread the Word—networking brings people together. If you like what we’re doing here, tell someone about it.
- ◆ Give Us Feedback or Join a Committee—whether it’s praise, a suggestion, or a complaint, we want to know. Help us shape a better community for you.



The Rockfish Valley Community Center

190 Rockfish School Ln, Afton 22920

434-361-0100 | www.rockfishcc.org | rockfishcc@gmail.com

Treasure Chest: 434-361-0103

Volunteers and new members are always welcome!

For more information about businesses, activities and events at RVCC, visit www.rockfishcc.org.

To receive this newsletter by email, please look for the “Subscribe” form on the front page of our website.